

# Appendix A IVDA Dress Restrictions - Guidelines

Updated July 2017

These are the guidelines for the IVDA dress restrictions as of July 2017. These are intended to illustrate and clarify what is and what is not allowed in the dress restricted events.

Ultimately the IVDA Standing Committee (SC) have the final interpretation of these rules.

As these guidelines are an appendix to the constitution, for changes to be made a constitutional amendment must be passed at an IVDA General Meeting.

Precedent for the interpretation of these rules can be made by the SC. Any controversial or previously unencountered precedents should be recorded and presented to the General Committee in the SC report at the following IVDA AGM.

#### All dancers:

- Competitive attire is not permitted.
- No "sparkle" whatsoever: that is, no rhinestones, sequins, glitter, reflective or luminescent fabric, no LED or other light omitting devices, except where expressly permitted below.
- Shoes with "sparkle" are permitted.

### Men's ballroom:

- Neither tailsuit jackets nor tailsuit trousers are not permitted.
- Dockman ("Docky") jackets are not permitted.
- Ballroom shirts that fasten or bind between the legs are not permitted.
- Plain black Latin trousers are permitted a black satin side binding and/or a black satin V-shaped binding at the back is permitted.
- No shirts of close fitting design that are made of stretchy material, even if bought on the high street, are permitted.
- Pleated shirts are permitted; shirts with ruffles are not.
- Waistcoats of any design are permitted.
- Ties, bow ties, cummerbunds, belts and braces are all permitted.
- Jewellery is permitted unless it is sparkly; engagement & wedding bands are explicitly allowed irrespective of sparkle.

#### Men's Latin:

- Plain black Latin trousers are permitted a black satin side binding and/or a black satin V-shaped binding at the back is permitted.
- Plain mono-colour crew neck or turtle neck stretchy tops are permitted provided there is no slashing or meshing. Tops which are fastened or bind between the legs are permitted.
- Button-up shirts bought from the high street are permitted provided they leave the shoulders covered.
- Plain T-shirts are allowed.
- Belts with "sparkle" are permitted.

## Ladies' wear (ballroom & Latin):

- Tailor-made dresses, skirts or tops are not permitted.
- Practice wear skirts are permitted.
- Practice wear tops and dresses are not permitted.
- Plain trousers (including practice wear trousers) are permitted.
- Floats are not permitted.
- Scarves are not permitted.
- Jewellery, hairpieces, bracelets, belts and facial decoration are permitted. These may include sparkle.
- Gloves are permitted but must be plain.
- Leotards (skirtless) are permitted.

#### Modifications

- Modifications for the purpose of ensuring fit are permitted.
- Modifications for the purpose of changing the style are not permitted.
- The final decision on this will rest with the Standing Committee. The onus is on the
  person wearing the modified item to prove which of the above categories they fall
  into.

# Same-sex or reverse-role couples

• Where the partnership is a same-sex or reverse-role partnership each dancer may choose at their discretion whether they wish to follow the male or female dress restrictions.