

# PAL Leader Training: Session 1



# 1. Introductions



UNIVERSITY OF  
**BATH**

# 21 Principles of PAL



# 21 Principles

- 2 minutes to read through the principles.
- In pairs, pick your top 3 and think about why they're the most important to you.
- We'll then feedback as a group.
  - The principles are on page 4 of your handbook.

# 3. Being Inclusive



UNIVERSITY OF  
**BATH**

# PAL is for everyone

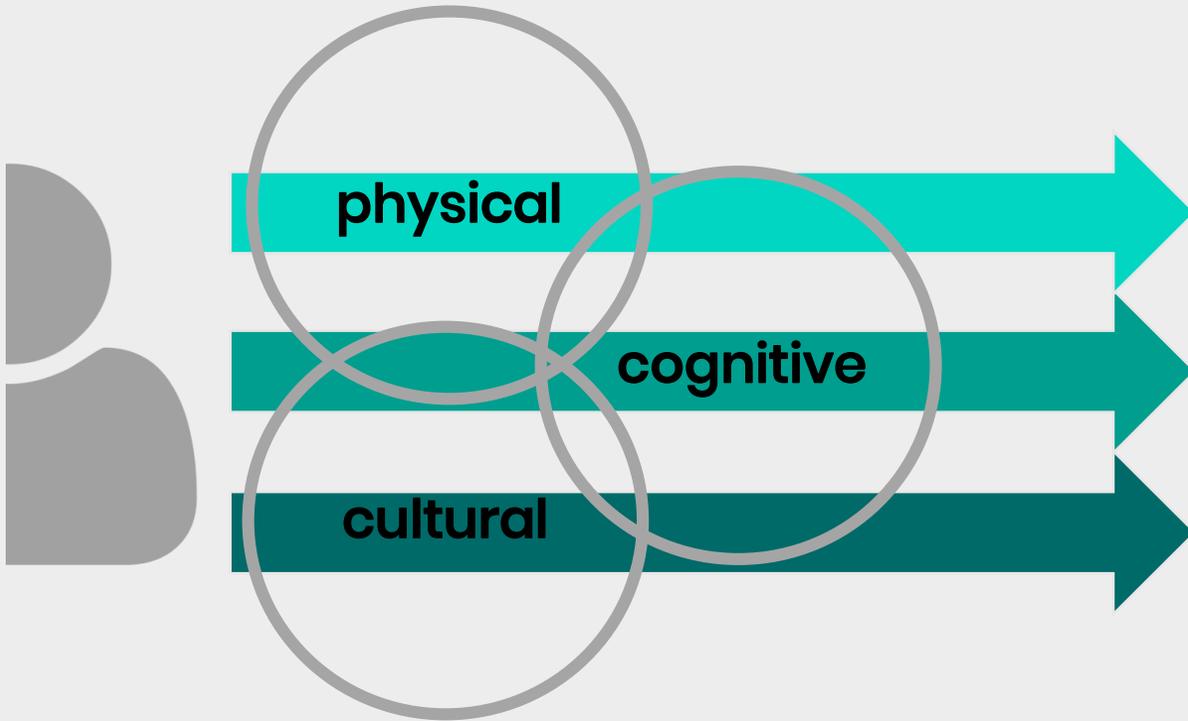
- Not a specific principle as it is embedded throughout PAL:
  - 6 – ‘non-remedial’
  - 10 – ‘benefits all students’
  - 11 – ‘privacy to practice the subject, make mistakes and build up confidence’

ALL students are welcome  
at PAL sessions



UNIVERSITY OF  
BATH

# Patterns of need



McLoughlin & Lewis 2001; McAllister, 2002

- **Physical**

- Where e.g. access to a building or to a resource.

- **Cognitive**

- How e.g. using diagrams.

- **Cultural**

- What e.g. are examples we use relevant? Are our instructions explicit?

# Different cognitive needs

- The key to making sessions inclusive in this way is to use a variety of activities.
- **All students benefit from variety**, as everyone, regardless of if they have disability, have different ways they learn best.

# 4. Revision Activities



# Revising

- What activities and resources do you use to help you revise for an exam or to write an essay?
- Examples may include que cards and mind maps.

In groups, on a shared word document, write down all the activities and resources you use.

# Group learning

- 2 – ‘is small group learning’, 7 – ‘is participative’
- Go back through your list, how could you make these group activities?
  - How big are the groups? e.g. pairs?
  - How are they interacting? e.g. doing different pieces of work?

# 5. Collaborative Learning



UNIVERSITY OF  
**BATH**

# Collaborative activities

- The main way to facilitate rather than teach is through group activities, as the focus is on their work rather than you speaking.
- There are many different ways to split up a group (page 20 of the handbook).

# 5. Managing group dynamics

# Facilitating groups and teams

- Managing the dynamics of a group can be difficult, and sometimes working in a team of PAL Leaders can be difficult too.

In your group, look at your 2 scenarios on padlet and be ready to feedback to everyone.

# Any Questions?

