## Planning PAL Sessions

Use this template to plan your PAL session. The following pages include lots of ideas for planning main activities and plenaries, which you may want to use during your sessions.

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| --- | --- |
| Session date: |  |
| PAL Scheme: |  |
| PAL Leaders: |  |

Start of session(Icebreaker)

Main body of session(What activities will you use for the main part of your session?)

Plenaries(How will you conclude?)

Resources required/room layout (Do you need to borrow anything for your session?)