



# Bath Active

## Fun & social activity programme

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Volleyball STV Sports Hall 1430-1630	*Beginner running Top of St. Kilda's Road (By Linear Park), Oldfield Park 0830-0915	Abs Founders Hall 1130-1200	Pilates The Edge Dance Studio 1500-1600	Circuits Founders Hall 1130-1230	Touch Rugby Astro 1 1700-1900	Floorball Founders Hall 1730-1900
Zumba The Edge Dance Studio 1500-1600	Netball STV Sports Hall 1530-1700	*Yoga Bath Yoga Studio BA1 2BT 1500-1600	Body Conditioning STV Jumps & Throws 1530-1630		Ultimate Frisbee Sitec Astro 1700-1900	
Wheelchair Basketball Founders Hall 1600-1800	Basketball Founders Hall 1800-1900	Female Only Cycling Indoor Sprint track 1900-2030	Jogging Group STV Entrance 1730-1830			
Circuits Founders Hall 1700-1800						
Table Tennis Founders Hall 1800-1900						
Sitting Volleyball Founders Hall 1800-1900						
Beginner Running STV entrance 1830-1915						



# Bath Active

## Postgraduate only programme



Tuesday	Thursday	Friday
PG Zumba 1W 3.103 1715-1805	PG Touch Rugby STV Astro 1 1700-1800	PG Football STV Astro 1 1200-1400

PG Yoga  
CB 3.5  
1715-1805

