**Club development plan (2014-17)**

***Trampolining***

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| **Club BACKGROUND AND INTRODUCTION** |
| The Trampoline Club is an enthusiastic recreational and competitive club, with a long history of being run by volunteer student coaches. We aim to provide an environment that will enable people to learn and progress at trampolining, irrespective of their ability when they join the club and develop their potential. We also aim to provide social opportunities for all our members. |

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| **CLUB VISION** |
| **A picture of the club’s desired future or where the Club wants to be.**  The Trampoline Club aims to be high quality university club catering for beginners to national performers, enabling both a recreational and competitive sporting offer for participants to enjoy and excel in trampolining. |

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| **CLUB S.W.O.T. ANALYSIS** | |
| **STRENGTHS** | **WEAKNESSES** |
| * High active membership * Mainly volunteer student coaches * Good links with Team Bath Evolution * 3:30 club recreational sessions have worked well * Fun sessions catering for most abilities * Adequate budget which is distributed effectively * Allocated training times sufficient * Highly involved committee * GB Trampoline squad hold preparation camps at Bath STV – increase reputation for trampolining at Bath * National competitors in the club * BG Affiliated club so members and coaches have a fully comprehensive insurance policy * National competition standard 4x4mm trampoline | * The club isn’t particularly suitable for national level performers and people progressing to that level due to a lack of suitable coaches. * Number of higher level coaches has decreased in the last couple of years – over reliant on one coach * Minimal fundraising events * No sponsorship deal currently |
| **OPPORTUNITIES** | **THREATS** |
| * The Club currently provides the opportunity to compete at national and regional level (non-university) competitions through Team Bath Evolution or through the club itself * Southern Universities Trampoline League (SUTL) increases numbers at our competition by association – bigger fundraiser * SUTL competitions encourage participation at all levels, from beginner to national performers * Recruitment of school leavers who trampoline – potential for national competitors * Subsidised coaching courses through the Volunteer Recognition Scheme | * Potential lack of Level 2 and higher qualified coaches * Several key items of equipment are coming to the end of their lifespan * Elite performers leave to train with Team Bath Evolution to access higher level coaching * More expensive to join than other sports (to encompass full insurance with BG), so may deter recreational participants |

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| **Aim** |
| * To provide an enjoyable recreational offer to all abilities * To cater for all levels of performers, up to national and international level * To manage the recreational and competitive aspects of the club alongside each other * To manage the club efficiently * To distribute jobs to the appropriate committee member * To utilise and recognise the achievements of our volunteer coaches * To increase fundraising to enable the club to attend more events and purchase new equipment |

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| **Objective** | |
| * Improve communication between committee, coaches and members * Create a structured training environment * Provide more diverse training opportunities, such as DMT and synchronised trampolining | * Promote coaching courses for all levels throughout the club * Develop stronger links with Team Bath Tribe and Evolution Trampoline Club * Widen opportunities for socials |

**Action Plan**

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| **Objective**  (what needs to be done) | **How**  (how you intend to achieve objective) | **Who**  (responsibility) | **When**  (timescale) | **Finance**  (cost - if any) | **Completion**  (month & year completed) |
| Improve communication between committee, coaches and members | Use email database and create a coaches’ lists, as well as using Facebook groups | Chair, Secretary and Head Coach | By November 2014 | None |  |
| Create a structured training environment | Training plans, diaries, fixed coaching groups | Chair, Head Coach, Bath Comp Captain, Competition Captain | By December 2014 | None |  |
| Provide more diverse training opportunities, such as DMT and synchronised trampolining | Set aside specific sessions for these different activities, and tailor to the interests of participants | Chair, Secretary, Head Coach, Competition Captain | All year | None |  |
| Promote coaching courses for all levels throughout the club: at least 2xL1 and 2xL2 | Use Volunteer Recognition Scheme awareness and negotiate discounts with BG | Chair, Treasurer, Head Coach | All year | To members:  L1 = £319  L2 = £499  (less with VRS and discounts) |  |
| Develop stronger links with Team Bath Tribe and Evolution Trampoline Club | Hold a friendly comp with Evo, have joint rigging sessions and utilise their coaching experience | Chair, Competition Captain, Bath Comp Captain | In December 2014 | Coaching budget: 30 hrs of HPC coaching |  |
| Widen opportunities for socials | Provide socials to cater for everyone – non-alcoholic, day activities as well as going out | Social Secretary | All year | None |  |
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| **YEAR 2014/15 PRIORITIES** |
| * Introduce a monthly newsletter to update members on upcoming events, socials, competitions and results. * Push coaching courses to avoid a lack of coaches in 2015/16. * Create and maintain fixed coaching groups with 1 or 2 coaches to enable members to focus on different things each session – review this every couple of months. * Develop tailored training plans for members, including targets and drills to reinforce skills so that there is something to aim towards. * Have consistent rig, conditioning and DMT sessions rather than on an ad-hoc basis. |