PAL Leader Training:

Section 2

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Structuring and facilitating PAL sessions

What questions do you have about this? Write them on a post-it note as you're arriving and then stick it on the whiteboard

When you're done, take some time to complete another temperature check

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After this session, you will be able to…

... structure a PAL session.

... identify and use different PAL Leader techniques.

... practice facilitating a session.

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Structuring a Session

Structuring a Session

Consider this morning's "session", how was it structured?

Icebreaker / Starter → Main Activity → Plenary → Feedback

Reflecting on Session Structure

Icebreakers

- Think back to what we did at the very beginning of this morning.

- In pairs, discuss how you felt before, during and after the icebreaker?

- You can find examples of Icebreakers on the Peer Support webpage

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2 minutes

Reflecting on Session Structure

Main Activities

- What was our activity following the Ice Breaker?

- In your pairs, discuss how the main activity got you thinking about PAL

- Main activities address the topic of the session and should last for the bulk of the time

2 minutes

Reflecting on Session Structure

Plenary Activities

- In pairs again, discuss how we wrapped up this morning's session and the importance of this

- Plenary activities address final questions about the topic; summarise/consolidate the session content; evaluate the session; and consider what students want to cover next session.

2 minutes

Before we move on...

Anyone know which Collaborative Learning Technique we just used?

Facilitation Techniques

Curriculum Transformation
What is it?

- A redesign of course structure and possibly content

- Aims to overhaul outdated teaching structures and adopt more innovative approaches to learning

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Curriculum Transformation
How does this affect PAL?

- Students may ask for support with course content or assessments that you haven't encountered

- We want to reemphasise that your role as a PAL Leader isn't to teach, it's to facilitate learning

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Facilitation Techniques

1.

Student-to-Student Interactions

2.

Redirecting questions

3.

Wait Time

4.

Checking for understanding

Let's put this into practice...

Imagine you're PAL Leaders for a cake baking course:

- In your tables, you'll be assigned a facilitation technique and a section of the cake baking course

- Plan an activity and demonstrate how you would use your technique

- Your activity should for roughly 4 minutes.

25 minutes

Time to facilitate!

Wait... what CLT did we just use?

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Plenary

- How did you find facilitating? What went well? What were the main challenges?

- How can we ensure that we run activities to time?

- What other problems could arise and how could we address them?

Any Questions?

Let's look at your post-it notes from earlier. Have all of your questions been addressed?

Lunch Time

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